



generations <sup>\*</sup>yoga center™

## ***Healing Arts Introductory Special....***

***\$59 for your first session at Generations Yoga with one of our skilled and licensed Therapists:***

### ***Massage:***



- *Deep Tissue*
- *Swedish*
- *Myo-facial release*
- *Trigger Point*
- *Pre/Post Natal*
- *Infant & Child Massage*



### ***Acupuncture & Chinese Medicine:***

- *Pain Relief*
- *Chronic Disorders:*
  - ✓ *Menstrual / Menopausal*
  - ✓ *Digestive*



### ***Reiki***

***Call for an appointment 847-919-0533***